



2020 Reducing Hospital Readmissions Summit

Reduce Hospital Readmissions through Enhanced Discharge Planning, Improved Payer-Provider Collaboration, and an Efficient Care Transitions Program – Develop an Effective Population Management Model and Enhance the Patient Experience!

March 19 – 20, 2020 • The Westin • New Orleans, LA

Overview

Preventable hospital readmissions are costing the healthcare system approximately \$25 billion on an annual basis, and it is estimated that one out of every five Medicare patients is readmitted to the hospital within 30 days of discharge. In an attempt to control excessive spending on avoidable healthcare costs as well as to improve quality care, performance and patient health, CMS has instituted new regulations and higher penalties. Hospitals and health systems are especially affected by the new mandates, and are exposed to increasing financial risk.

We have created a high-level forum featuring providers and payers who will share their insights and expertise on how to lower readmission rates through recognized and proven discharge programs and follow-up plans, simultaneously reducing costs and improving quality of care. This impressive program will include distinguished members from highly regarded institutions comprised of hospitals, health systems, health plans and industry experts; featuring best practices to utilize in today's rapidly evolving world.

This is the only conference on Reducing Hospital Readmissions that will equip you with innovative strategies and tools to be better prepared for 2020. By attending the *2020 Reducing Hospital Readmissions Summit*, you will learn what others in clinical integration, utilization management, patient care and reimbursement are doing to be prepared for the challenges that lie ahead in 2020.

Intended Audience

From Hospitals, Health Systems, Health Plans, Employer Plans, TPAs & Managed Care Organizations:

Chief Executive Officers, Chief Medical Officers, Chief Clinical Officers, Chief Operating Officers, Chief Financial Officers.

Also, Vice Presidents, Directors & Managers, Executives of:

- Medical Management
- Utilization Management
- Quality
- Appeals Management
- Patient Financial Services
- Patient Care
- Emergency Department
- Hospitalists
- Billing
- Medical Records
- Operations
- Strategy
- Nursing
- Case Management
- Care Management
- Denial Management
- Compliance
- Admissions
- Patient Flow
- Emergency Department
- Managed Care
- Coding
- Risk
- Finance
- Clinical Documentation
- Physician Assistants

Also, of interest to Healthcare Consultants, Solution Providers, Vendors, Accountable Care Organizations (ACOs), Government Agencies, Pharmacy Benefit Managers, Disease Management Organizations, Third Party Administrators, Pharmaceutical & Medical Device Companies, IT & Business Process Outsourcing Companies, Enrollment Brokers and More!

Agenda

Day One – Thursday, March 19, 2020

7:15 *Conference Registration & Morning Breakfast*

8:00 *Chairperson's Opening Remarks*

8:15 Optimizing Transitions of Care through Effective Collaboration and Partnerships

Michelle Nelson

Senior Director, Health Improvement

United Regional Health Care System

9:00 Implementing Strategies to Successfully Preventing Readmissions in a Healthcare System

Lori Dove, MSN, MHA, RN

Vice President, Post Acute Care Services

Southeastern Health

9:45 *Networking Break & Refreshments*

10:15 Innovative Strategies for Reducing 30 Day Hospital Readmission Rates

Nicholas Steinour, MD

Medical Director

USACS Southwest

11:00 Examining CMS' Value Based Purchasing Initiatives and Healthcare Transformation

Mark Green

Assistant Vice President, Transitions of Care & Post-Acute Care

Ochsner Health System

11:45 How to Effectively Assess Patient Risk to Reduce Hospital Readmissions

Angie Banet, DNP, RN, NE-BC

Director, Care Management & Clinical Effectiveness

Norton Women's and Children's Hospital

12:30 *Luncheon for All Attendees & Speakers*

1:30 Implementing Alternative Pathways to Identify High Risk Patient Populations and Avoid Preventable Hospital Readmissions

Carlotta Rinke, MD, FACP, MBA

Senior Medical Director, Provider Transformation

Aetna

2:15 Panel Discussion: Essential Strategies to Reduce Preventable Hospital Readmission Rates Across the Continuum of Care

Mark Green

Assistant Vice President, Transitions of Care & Post-Acute Care

Ochsner Health System

Patrice Callagy, RN, MPA, MSN, CEN

Executive Director, Emergency Services

Stanford Health Care

Pat Zawko, EdD, MS, RN NE-C, CHC

Director, Quality Resources, Risk Management & Corporate Compliance

Little Falls Hospital

3:15 Networking Break & Refreshments

3:45 Nonclinical Care Guidance to Help Manage Readmissions, Bundles, and Alternative Payment Models

Edward Partridge, MD

Medical Director & Director, Comprehensive Cancer Center

University of Alabama at Birmingham Health System

4:30 Strategies within the Emergency Department to Impact Hospital Readmission and Patient Flow

Patrice Callagy, RN, MPA, MSN, CEN

Executive Director, Emergency Services

Stanford Health Care

5:15 End of Day One

Day Two – Friday, March 20, 2020

7:15 Morning Breakfast

8:00 Recap of Day One

8:15 Strategies to Reduce Hospital Readmissions for a Patient Population with Varying Socioeconomic Conditions

David Renfro, MS, RN, NE-BC, VHA-CM
Chief Nurse, Specialty & Hospital Based Services
VA Palo Alto Health Care System

9:00 Readmission Prevention in Heart and Vascular Surgical Service

Ashley Jackson, BSN, RN
Administrator
WVU Heart & Vascular Institute
WVU Medicine

9:45 *Networking Break & Refreshments*

10:15 Implementing Collaborative Interventions to Reduce Hospital Readmissions, and Optimize Patient Centered Care

Joanna Mecca, MD
Director, COPD Readmissions
Assistant Professor, Hospital Medicine
Mount Sinai Beth Israel

11:00 Managing Hospital Readmissions – Use of Individualized Care Plans for High Utilizers

Maureen Schaupp, CNP, CHFNP
APRN/PA Director
Cleveland Clinic

11:45 Creating an Effective Patient Centered Discharge Plan to Reduce Readmissions and Enhance the Patient Experience

Pat Zawko, EdD, MS, RN NE-C, CHC
Director, Quality Resources, Risk Management & Corporate Compliance
Little Falls Hospital

12:30 *Conference Concludes*

Workshop Session

Thursday, March 19, 2020 • 5:30 p.m. – 7:30 p.m.

How to Effectively Leverage Big Data to Reduce Hospital Readmissions: Implementing Effective Strategies Based on Results

By utilizing historical patient data, providers can start to see which factors will impact future health outcomes, and begin to develop risk score and predictive algorithms to create tailored care interventions. Creating analytics out of Big data is useful, but only when implemented properly. The key is to develop strategies that work to take what the data is telling us and turning it into actionable items. In this session, we will:

- Discuss several analytic tools to help manage readmissions

- Discuss how to take these results and turn them into actionable items
- Discuss how to determine which areas/conditions first since we all have limited resources

About the Workshop Leaders:

Susan Pantely, FSA, MAAA is a *Principal & Consulting Actuary* at **Milliman**. Susan provides actuarial and consulting services to a broad range of clients, including Blue Cross/Blue Shield plans, HMOs, commercial insurers, government agencies, and healthcare providers. Her work includes rate development, provider contract review, reserve certification, capitation development, Medicare risk feasibility studies, HMO start-ups, HMO due diligence, and development of risk sharing and reimbursement arrangements for physician groups, PHOs, ACOs, and other integrated delivery systems. In addition, Susan has extensive experience with the valuation, financial analysis, and projection of healthcare services for several state public health insurance (Medicaid) programs.

Raheel Sohail, MD, MBA is a *Healthcare Management Consultant* at **Milliman**. Raheel is a physician who comes to Milliman with extensive experience in health care administration. In many leadership positions, he has garnered extensive experience in planning, developing, and executing strategies for ACO and clinically integrated networks. Prior to joining Milliman, he worked for Prospect Medical, where he was the Executive Director of Next Generation ACO. He was responsible for the operations of an ACO, care coordination, and data analytics. Previously, he worked at a health care consulting firm where he consulted for ACOs, value-based care, care coordination, quality, and data analytics, and physician improvement, marketing, and business improvement.